

Frame Running Development Camp and CPISRA & IWAS International Cup **19**th - **26**th July 2023

2005

Photo: Thomas Sjørup







Overview

Organizers:

The Danish Camp Committee, Parasport Frederiksberg and Parasport Denmark with endorsement by CPISRA & IWAS.

Dates:

Arrival:	July 19 th , 2023
Classification:	July 19 th -22 nd , 2023
Coaching Course:	July 19 th -22 nd , 2023
Competition:	July 23 rd –25 th , 2023
Departure:	July 26 th , 2023

Invitation

It is our great pleasure to be able to invite you to the 26th Frame Running Camp and CPISRA & IWAS Cup 2023.

Because of World Championship in Para Athletics taking place in the beginning of July, we have chosen to place Frame Running Development Camp and CPISRA & IWAS International Cup (Camp & Cup) from the 19th-26th of July.

This will create an opportunity for non-European countries who are participating in the World Championship to also attend our Camp & Cup, due to them already being in Europe.

Once again, we are going to celebrate Frame Running with a wonderful week of training, social activities, and competition for everyone who wants to join the international Frame Running community. In the light of the fact that Frame Running unfortunately not was included in the athletics program at the Paralympic Games in Paris 2024, it is now more important than ever to have a successful Camp & Cup in order to show the world that Frame Running is a great sport with a lot of active athletes from all over the world!

We hope that you will join us at the Camp 2023. In this invitation you can read all about how to register. Please read it thoroughly before starting the online preliminary registration.

Timetable

Day/Date	Wednesday July 19 th	Thursday July 20 th	Friday July 21st	Saturday July 22 nd	Sunday July 23 th	Monday July 24 th	Tuesday July 25 th	Wednesday July 26 th
Camp	Arrival	✓	 ✓ 	 ✓ 	✓	✓	 ✓ 	Departure
Training		 ✓ 	~	 ✓ 				
CPISRA & IWAS International Cup CPISRA & IWAS Frame Runner's Open Cup CPISRA & IWAS Frame RaceRunner's Junior Open Cup				Opening Ceremony	>	~	~	
Classification	 ✓ 	~	v					
Social Activities	~	~	√	~	√	 ✓ 	Final Party	
International Development Meetings		~	v	 ✓ 				

Training venue and camp facilities

All camp activities take place at Frederiksberg Idrætspark and the Tre Falke School. The two facilities are located right next to each other.

Address:

Sønderjyllands Allé 4-6 DK-2000 Frederiksberg

Frame Running Coaching Course

Once again, we are arranging a course for new Frame Running coaches. The instructors of the course are the experienced coaches from the Danish National Frame Running Team. They will be sharing their training methods and guide the participants through theoretical and practical exercises.

There must be a minimum of 5 participants for the course to be completed. Click <u>here</u> for more information.

Team Manager

Each country must choose a Team Manager to oversee the communication with the camp organizers before and during the camp. From May 15th, the camp organizers will post important new information through a Facebook Messenger group conversation, which all team managers will be added to by the camp organizers. Therefore, remember to choose a team manager from your team when you fill out the online registration.

If a country has more than one team attending the camp, they must choose only one person to represent all the teams as the country's team manager. During the month of May, we will make inquiries about the name of this person.

Competition Regulative

The competition is held in accordance with the World Para Athletics rules and takes place in accordance with the international classification standards. When distributing the prizes, we will follow the international standards.

Read the World Para Athletics rules and regulations here: www.paralympic.org

To optimize the races, the competition organizers retain the right to mix runners from different classes in each heat. It will be possible for athletes to participate in the competition even though they have not participated in the Camp. It will cost 800 DKK including disciplines and 3 X lunch.



If an athlete only participates in the Cup and not in the Camp, the participant must be classified in advance by an international classifier. The event will consist of 3 competitions that are running simultaneously to offer participants of all ages and classification groups the possibility to compete.

The maximum number of events per athlete is limited to 4 events. Which competition an athlete will compete in, depends on which age group and classification group the athlete belongs to.

CPISRA & IWAS International Cup

Status: World Para Athletics (WPA) Internationally Recognized Competition
Results: Registered @ WPA (WPA license needed)
Age: Senior (the athlete is at least 14 years old or is turning 14 before January 1st, 2024)
Classes: (T71, T72) or (RR1, RR2, RR3)
Events: 100m, 200m, 400m, 800m, 1500m, 5000m

CPISRA & IWAS Frame Runner's Open Cup

Status: CPISRA & IWAS Internationally Recognized Competition
Results: Registered @ CPISRA & IWAS
Age: Senior (the athlete is at least 14 years old or is turning 14 before January 1st, 2024)
Classes: (T71, T72) or (RR1, RR2, RR3, RR4, RRA)
Events: 40m, 60m, 100m, 200m, 400m, 800m, 1500m, 5000m

CPISRA & IWAS Frame Runner's Junior Open Cup

Status: CPISRA & IWAS Internationally Recognized Competition
Results: Registered @ CPISRA & IWAS
Age: Junior (the athlete is maximum 13 years old and is not turning 14 until after December 31st, 2023)
Classes: (T71, T72) or (RR1, RR2, RR3, RR4, RRA)
Events: 40m, 60m, 100m, 200m, 400m, 800m, 1500m, 5000m

Classification

CPISRA & IWAS and LOC are currently in an ongoing discussion with World Para Athletics (WPA) on whether international classification will be available at the camp and cup. If it is going to be available, the athletes will be classified under the new classification system.

The following will be the guidelines:

It is unlikely that all participants in CPISRA & IWAS International Cup will have the opportunity to be classified at this cup. Those who are not provided with a classification slot and have been licensed on the WPA database will compete under the transitional arrangements put in place by WPA.

CPISRA & IWAS will adopt the same transitional arrangements for any athlete who appears on the CPISRA & IWAS classification database but have not yet been licensed with WPA by their home nation. It is highly unlikely that the RR1, RR2 and RR3 classes will be used but you should enter using this classification system. Participants in the Open Cup and Junior Cup may follow the old system (RR1/RR2/RR3/RR4/RR1A). This will be decided at a later stage.

As we currently do not know what the cost of the classification will be, this information will be included in the final entry.

Accommodation Info

The two schools, Tre Falke School and Falkonergaardens Gymnasium are located right next to each other near Frederiksberg Stadium, where the camp activities take place. The accommodation will be in large classrooms with foldable beds, 4-6 persons per room. A few hospital beds and box mattress beds are reserved for those in need of these.

The schools are fully accessible by wheelchair and there are many standard toilets and toilets for the disabled. Shower facilities and restrooms that are more accessible are at the stadium 100-150m away.

Tre Falke School

or

Sønderjyllands Alle 4, 2000 Frederiksberg **Capacity**: 120 people



Falkonergaardens Gymnasium Sønderjyllands Allé 25, 2000 Frederiksberg Capacity: 40 people

Breakfast, lunch, and dinner will be served at the Tre Falke School's common area. All meals include beverages.





Photo: Thomas Sjørup

Hotel

We no longer administrate your stay at Hotel Scandic Sydhavnen and Hotel Scandic Falkoner, however we have reserved accommodation at Hotel Scandic Sydhavnen and Hotel Scandic Falkoner during the week. It is then up to the individual athlete or team to contact the hotel, make a reservation and pay for the accommodation. But in order to make the right number of reservations, we kindly ask you to let us know, whether you plan to stay at the above-mentioned hotels.

Hotel Scandic Sydhavnen and Hotel Scandic Falkoner - provides single, twin and double rooms and breakfast. Only Hotel Scandic Sydhavnen provides free parking.

Lunch and dinner will be served at the Tre Falke School.

Hotel Scandic Sydhavnen

Sydhavnsplads 15, DK-2450 København SV

Hotel Scandic Falkoner Falkoner Alle 9, DK-2000 Frederiksberg



Transportation

We will no longer be offering transportation to and from the airport. In the Final Entry, a transport company will be offered, and it is the athletes or teams' responsibility to contact, coordinate, pay and plan transportation with this.

Entry Fees

We are offering 4 different registration options regarding participation. Unless otherwise stated, the participation fee always **includes**: Training, the competition, and social activities.

Option 1

Participation fee including:

- · Participation in the Camp
- Participation in the Cup (Competition)
- Accommodation at Tre Falke School or Falkornergården

- Daily breakfast
- Daily lunch sandwich
- Daily dinner buffet
- Festive meal, 3-course menu
- Drinks included in all meals

DKK 3.600,00 per person

Option 2 (Without accommodation)

Participation fee including:

- Participation in the Camp
- Participation in the Cup (Competition)
- Daily lunch sandwich
- Daily dinner buffet
- Festive meal, 3-course menu
- · Drinks included in all meals

DKK 2.200,00 per person



Option 3 (Without accommodation)

Participation fee including:

- Participation in the Camp
- Participation in the Cup (Competition)
- Daily lunch sandwich
- Festive meal, 3-course menu
- Drinks included in all meals

DKK 1.400,00 per person

Option 4

Participation fee which only covers:

- Participation in the Cup (Competition)
- Daily lunch sandwich during event days
- Drinks included in all meals

DKK 800,00 per person

(Athletes must be pre-classified as either T71, T72 or RR1, RR2, RR3 or RR4).



Use of Personal Information

Because of a law regarding usage of personal data and pictures, the camp organization is obliged to get permission to keep personal data and use pictures of the participants. We guarantee that personal data is only used for camp related purposes. Pictures taken at the camp may be used as documentation or promotion of Frame Running. The permission is given through the online registration.

Registration procedures and deadlines

Deadline	Description	Payment
January 20 th 2023 - February 19 th 2023	Preliminary registration (by number)	
March 14 th 2023 - April 30 th 2023	Final registration (by name)	Participation fee
May 15 th 2023	Approval of registered data send to all participating countries	
May 22 nd 2023	Approval of registered data feedback from all participating countries	
June 26 th 2023	All Team Managers receive Team Guide	

Payment

Participant fee must be transferred before April 30th, otherwise there will be added an extra 20% fee.

Participation quota and corona virus:

Since we have limited room for accommodation at our school's premises, all countries will, in case of overbooking, receive a quota, which determines how many of your country's participants (athletes and staff together), we can accommodate at our schools premises. If the quota does not match your country's total number of participants, then we refer to entry option 2 and 3 above.

If in total, there are too many registrations in relation to corona restrictions, this may cause that the countries will be asked to reduce the number of athletes - before 14th March.

Cancellation procedure

If the organization committee cancels due to the corona virus all payments will be refunded. If a country cancels due to national corona restrictions all payments will be refunded. In all other cases payments will not be refunded.

Only teams that have paid the full participation fee are allowed in the competitions.

Link to online registration



