

Parasport Frederiksberg Erhverssuporter















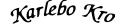
























Frame Running Coaching Course 2023

Frame Running Denmark is facilitating a course for new Frame Running coaches during the 26th Frame Running Development Camp and CPISRA & IWAS International Cup 2023.

The instructors of the course are the experienced coaches from the Danish National Frame Running Team and Frame Running Clubs. They will be sharing their training methods and guide the participants through theoretical and practical exercises.

The coaching course is taught entirely in English. Please note that athletes and national team staff members participating in the event, will not have the opportunity of participating in the course.

Course curriculum

The Frame Running Coaches' manual will be the theoretical work of reference during the entire coaching course.

The manual can be downloaded at:

framerunning.org/about-frame-running/rules-and-manuals/

Registration procedures and deadlines

We have reserved accommodation at Hotel Scandic Sydhavnen and Hotel Scandic Falkoner during the week. It is then up to the course participants to contact the hotel, make a reservation and pay for the accommodation. But in order to make the right number of reservations, we kindly ask you to let us know, whether you plan to stay at the above-mentioned hotels.

Hotel Scandic Sydhavnen and Hotel Scandic Falkoner - provides single, twin and double rooms and breakfast. Only Hotel Scandic Sydhavnen provides free parking.

Lunch and dinner will be served at the Tre Falke School.

Hotel Scandic Sydhavnen Sydhavnsplads 15 DK-2450 København SV

Hotel Scandic Falkoner Falkoner Alle 9 DK-2000 Frederiksberg





Foto: Thomas Sjørup

Registration, participation fee & payment

Option 1 - Coaching course:

Course participation from Wednesday July 19^{th} to Saturday July 22^{nd} 2023

= DKK 1. 000,00

Option 2 - Coaching course & Cup:

Course participation from Wednesday July 19th to Tuesday July 25th 2023

= DKK 1.700,00

Transportation

In the Final Entry, a transport company will be offered, and it is the course participants responsibility to contact, coordinate, pay and plan transportation with this.

Travel Visa

Make inquiries about whether you will need a visa to enter Denmark and to start the visa application procedures in appropriate time. Follow the link for the official visa rules of Denmark:

https://um.dk/en/travel-and-residence/how-to-apply-for-a-visa/

Visa invitation letters and other documentation will be provided by the Danish Camp Committee on request.

Payment

Participant fee must be transferred before April 30th, otherwise an extra 20 % fee will be added.

