



Frame Running Development Camp & World Abilitysport International Cup

7th - 14th of July 2024

Parasport Frederiksberg Erhverssupporter:



















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Overview

Organizers:

The Danish Camp Committee, Parasport Frederiksberg and Parasport Denmark with endorsement by World Abilitysport.

Dates:

July 7 th , 2024
7 th -10 th , 2024
7 th -10 th , 2024
13 th -13 th , 2024
July 14 th , 2024
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Invitation

It is our great pleasure to be able to invite you to the 26th Frame Running Camp & World Abilitysport international Cup 7^{th} - 14^{th} 2024.

Once again, we are going to celebrate Frame Running with a wonderful week of training, social activities, and competition for everyone who wants to join the international Frame Running community.

In the light of the fact that Frame Running unfortunately not was included in the athletics program at the Paralympic Games in Paris 2024, it is now more important than ever to have a successful Camp & Cup in order to show the world that Frame Running is a great sport with a lot of active athletes from all over the world!

We hope that you will join us at the Camp 2024. In this invitation you can read all about how to register. Please read it thoroughly before starting the online preliminary registration.

Timetable

Day/Date	Sunday July 7 th	Monday July 8 th	Tuesday July 9 th	Wednesday July 10 th	Thursday July 11 th	Friday July 12 th	Saturday July 13 th	Sunday July 14 ^h
Camp	Arrival	 ✓ 	~	 ✓ 	✓	✓	 ✓ 	Departure
Training		~	~	~				
World Ability Sport International Cup Frame Runner's Open Cup Frame Runner's Masters-Cup Frame Runner's Junior Open Cup				Opening Ceremony	~	~	~	
Classification		 ✓ 	~	 ✓ 				
Social Activities	✓	~	v	~	 ✓ 	v	Final Party	
International Development Meetings		✓	v	~				

Training venue and camp facilities

All camp activities take place at Bagsværd Stadium and Bagsværd School. The two facilities are located right next to each other.

Address to Bagsværd School:

Bagsværd Hovedgade 60 DK-2880 Bagsværd

Address to Bagsværd Stadium:

Bagsværd Hovedgade 86 DK-2880 Bagsværd



Bagsværd Stadium

Frame Running Coaching Course

Once again, we are arranging a course for new Frame Running coaches. The instructors of the course are the experienced coaches from the Danish National Frame Running Team. They will be sharing their training methods and guide the participants through theoretical and practical exercises.

There must be a minimum of 5 participants for the course to be completed.

Click <u>here</u> for more information.

Team Manager

Each country must choose a Team Manager to oversee the communication with the camp organizers before and during the camp. From May 15th, the camp organizers will post important new information through a Facebook group and Whats App conversation, which all team managers will be added to by the camp organizers. Therefore, remember to choose a team manager from your team when you fill out the online registration.

If a country has more than one team attending the camp, they must choose only one person to represent all the teams as the country's team manager. During the month of May, we will make inquiries about the name of this person.



Bagsværd School

Frame Running Masters-Cup

What is the Frame Running Masters-Cup?

As something new, this year we have introduced the Masters-Cup for athletes who are 30 years old or older or will turn 30 before January 1st 2025.

With the Masters-Cup, we aim to provide athletes aged 30 and above a fair opportunity and make them feel like they still have a chance to win. The Masters-Cup is designed for athletes aged 30 and above who want to continue participating and competing in Frame Running but may feel that they can't quite keep up with the younger competitors. Athletes will be categorized based on their class and age, ensuring fair competition.

The rules are as follows:

- Athletes are divided based on both class and age, with a 10-year age range. For example, an athlete in class T71 who is 33 years old will be placed in the Masters category T71 30-40 years, and so on.
- Medals will be awarded without the use of the minus-1 rule, meaning medals will be awarded regardless of the number of participants in the Masters category. Flag raising will only occur during medal ceremonies if there are 1st, 2nd, and 3rd place winners of the same gender, age, and class.
- A Masters athlete can compete in the same heat as non-Masters athletes. In such cases, the Masters athlete will have their own final race within that heat.
- The results of Masters athletes will be posted on the website in a special "Masters" ranking list.





Competition Regulative

The competition is held in accordance with the World Para Athletics rules and takes place in accordance with the international classification standards. When distributing the prizes, we will follow the international standards. Read the World Para Athletics rules and regulations here: www.paralympic.org

To optimize the races, the competition organizers retain the right to mix runners from different classes in each heat. It will be possible for athletes to participate in the competition even though they have not participated in the Camp. It will cost 850 DKK including disciplines and 3 X lunch.

If an athlete only participates in the Cup and not in the Camp, the participant must be classified in advance by an international classifier. The event will consist of 3 competitions that are running simultaneously to offer participants of all ages and classification groups the possibility to compete.

The maximum number of events per athlete is limited to 4 events. In the final registration, the athlete chooses which disciplines they wish to participate in. It is possible to change disciplines until the first team manager meeting on July 7th. After this date, it is NOT possible to change disciplines. Therefore, it can be a good idea to choose disciplines in consultation with your local coach. However, an athlete always has the option to withdraw from a discipline without affecting their participation in the rest of the competition.

Which competition an athlete will compete in, depends on which age group and classification group the athlete belongs to.

World Abilitysport International Cup

Status: World Para Athletics (WPA) Internationally Recognized Competition
Results: Registered @ WPA (WPA license needed)
Age: Senior (the athlete is at least 14 years old or is turning 14 before January 1st 2025)
Classes: (T71, T72)
Events: 100m, 200m, 400m, 800m, 1500m, 5000m

World Abilitysport Frame Runner's Open Cup

Status: World Abilitysport Internationally Recognized Competition
Results: Registered @ World Abilitysport
Age: Senior (the athlete is at least 14 years old or is turning 14 before January 1st 2025)
Classes: (T71, T72) or (Open, FR-AST)
Events: 40m, 60m, 100m, 200m, 400m, 800m, 1500m, 5000m

World Abilitysport Frame Runner's Masters-Cup

Status: World Abilitysport Internationally Recognized Competition
Results: Registered @ World Abilitysport
Age: Senior (the athlete is at least 30 years old or is turning 30 before January 1st 2025)
Classes: (T71, T72) or (Open, FR-AST)
Events: 40m, 60m, 100m, 200m, 400m, 800m, 1500m, 5000m

World Abilitysport Frame Runner's Junior Open Cup

Status: World Abilty Internationally Recognized Competition
Results: Registered @ CPISRA & IWAS
Age: Junior (the athlete is maximum 13 years old and is not turning 14 until after December 31st 2024)
Classes: (T71, T72) or (Open, FR-AST)
Events: 40m, 60m, 100m, 200m, 400m, 800m, 1500m, 5000m.





Hotel Scandic Sydhavnen

Classification

There will be classification in the T71 and T72 classes. Due to limitations in the number of athletes that can be classified in three days, those who are not classified will automatically be placed in either T71 or T72 as follows:

Athletes belonging to class RR1 will automatically be placed in T71. Athletes belonging to class RR2 and RR3 will automatically be placed in T72.

Additional information about classification will be provided in the final registration.

Accommodation Info

The accommodation will be in large classrooms with foldable beds, 4-6 persons per room. A few hospital beds and box mattress beds are reserved for those in need of these.

The schools are fully accessible by wheelchair and there are many standard toilets and toilets for the disabled.

Shower facilities and restrooms that are more accessible are at the the sports hall 50m-75m from the school. Breakfast, lunch, and dinner will be served at Bagsværd school common area. All meals include beverages.

We reserve the right to distribute participants at the school.

Hotel

We have secured a good rate for participants who wish to stay at the hotel. However, participants are responsible for booking their own rooms and handling the payment.

Hotel Scandic Sydhavnen

Sydhavnsplads 15, 2450 Copenhagen SV

Accommodation at Hotel Scandic Sydhavnen includes single, twin, and double rooms, as well as breakfast. Hotel Scandic Sydhavnen offers free parking.

Lunch and dinner will be served at Tre Falke Skolen.

Transportation

There will be an option for airport pickup on the arrival day and airport drop-off on the departure day at Copenhagen Airport (CPH). In order to secure a competitive price from our transportation company, we kindly request that you indicate your interest in this service during the pre-registration.

The same applies to those staying at the hotel, if you require daily transportation from the hotel to the stadium.





Entry Fees

We are offering 4 different registration options regarding participation. Unless otherwise stated, the participation fee always includes: Training, the competition, and social activities.

Option 1

Participation fee including:

- Participation in the Camp
- Participation in the Cup (Competition)
- Accommodation at Bagsværd school
- Daily breakfast
- Daily lunch sandwich
- Daily dinner buffet
- Festive meal, 2-course menu
- Drinks included in all meals

DKK 3.700,00 per person



Option 2 (Without accommodation)

Participation fee including:

- Participation in the Camp
- Participation in the Cup (Competition)
- Daily lunch sandwich
- Daily dinner buffet
- Festive meal, 2-course menu
- Drinks included in all meals

DKK 2.350,00 per person

Option 3 (Without accommodation)

Participation fee including:

- Participation in the Camp
- Participation in the Cup (Competition)
- Daily lunch sandwich
- Festive meal, 2-course menu
- Drinks included in all meals

DKK 1.450,00 per person

Option 4

- Participation fee which only covers:
- Participation in the Cup (Competition)
- Daily lunch sandwich during event days
- Drinks included in all meals

DKK 850,00 per person

(Athletes must be pre-classified as either T71, T72 or Open).

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Use of Personal Information

Because of a law regarding usage of personal data and pictures, the camp organization is obliged to get permission to keep personal data and use pictures of the participants. We guarantee that personal data is only used for camp related purposes. Pictures taken at the camp may be used as documentation or promotion of Frame Running. The permission is given through the online registration.

Registration procedures and deadlines

Deadline	Description
December 20th 2023 - February 19th 2024	Preliminary registration (by number)
March 14 th 2024 - April 30 th 2024	Final registration (by name) Participation Fee
May 15 th 2024	Approval of registered data send to all participating countries
May 22 nd 204	Approval of registered data feedback from all participating countries
June 23 rd 2024	All Team Managers receive Team Guide

Payment

Participant fee must be transferred before April 30th otherwise there will be added an extra 20% fee.

Participation quota:

Since we have limited room for accommodation at our school premises, all countries will, in case of overbooking, receive a quota, which determines how many of your country's participants (athletes and staff together), we can accommodate at our school premises. If the quota does not match your country's total number of participants, then we refer to entry option 2 and 3 above.

Cancellation procedure

If a country cancels due to national corona restrictions all payments will be refunded. In all other cases payments will not be refunded.

Only teams that have paid the full participation fee are allowed in the competitions.

Link to online registration